

High frequency spelling words

Learning Intention: To recall high frequency words faster

[High frequency word lists](#) -

click on the link above to see all lists.

Select the right list for you and pick out 10 words as your spelling for this week.

Magenta (25) - Levels 1 and 2

I	like	going	is
mum	look	the	am
said	to	at	went
in	me	here	my
on	dad	a	and
come	up	can	sat
for			

Red (28) - Levels 3, 4 and 5

we	get	put	with
go	no	they	today
was	where	you	she
he	this	are	will
as	too	not	but
likes	down	big	it
little	see	so	looked

Yellow (32) - Levels 6, 7 and 8

when	came	one	it's
make	an	with	all
back	day	into	Oh
out	play	ran	do
take	that	then	there
him	saw	his	got
looking	of	yes	mother
from	her	baby	father

Blue (40) - Levels 9, 10 and 11

have	help	here's	home
let	need	again	laugh
soon	talked	could	had
find	end	an	making
under	very	were	your
walk	girl	about	as
don't	last	what	now
let	goes	because	next
than	fun	bag	coming
did	or	cake	run

Green (50) - Levels 12, 13 and 14

always	good	walked	know
please	them	use	want
next	feel	just	left
best	house	old	their
right	over	love	still
took	thank you	school	much
brother	sister	round	another
myself	new	some	asked
called	made	people	children
away	water	how	Mrs
if	I'm	Mr	who
didn't	can't	after	our
time	most		

Orange (65) - Levels 15 and 16

man	took	think	long
things	wanted	eat	everyone
two	thought	dog	well
more	I'll	tree	shouted
us	other	food	through
way	been	stop	must
red	door	right	sea
these	began	boy	animals
never	work	first	lots
that's	gave	something	bed
may	found	live	say
night	small	three	head
town	I've	around	every
garden	fast	only	many
laughed	let's	suddenly	told
word	forgot	better	bring
push			

Turquoise (75) - Levels 17 and 18

car	couldn't	king	great
why	cried	keep	room
last	jumped	even	before
gran	clothes	tell	key
place	boat	window	sleep
window	sleep	feet	morning
queen	each	book	its
green	different	let	which
inside	any	hat	snow
air	trees	bad	tea
top	eyes	fell	friends
box	dark	grandad	there's
better	hot	sun	across
gone	hard	really	wind
wish	eggs	once	stopped
ever	miss	cold	park
live	birds	duck	horse
rabbit	white	he's	river
does	long	shout	ball
I'm			

Scrabble

Learning Intention: spell out your words and create a repeating addition problem for 10 words.

Scrabble

Make a list of 10 words from the list you have chose.

1. Write the list of words out
2. Write an addition equation for each word
3. Work out the equation to see how much the word equals
4. What word has the highest value?

Eg. T h e n
 $1+4+1+1=7$



Syllable sorting

Learning Intention: I can break words up into syllables

Syllable sorting

Can you break your words from the list you have chosen into syllables.

To help, clap the sounds that you can hear as this will help you to workout how many syllables there are in each words.

This is a Seesaw activity or you can draw the table on paper and write them out.

I can segment syllables in a word.

 1 syllable	 2 syllables	 3 syllables

Let's get physical

Learning Intention: To make letters of the alphabet using our bodies

Spelling workout

Write out 5 spelling words from your chosen list.

Complete each exercise for each letter of your word until you have spelt out the word.

Then move onto the next word until you have finished all 5.

We would love to see a video of you completing this challenge and upload it to Seesaw.

A: 10 Jumping Jacks	N: 4 Lunges
B: 30 Second Plank	O: 3 Burpees
C: Crab Walk	P: 10 Second Butterfly
D: 10 Push Ups	Q: Run in Place 1 Min
E: 10 Sit Ups	R: 7 Jumping Jacks
F: 5 Cartwheels	S: 4 Leg Kicks
G: Headstand	T: 5 Sit Ups
H: 4 Somersaults	U: 15 Second Plank
I: Duck Walk	V: 3 Cartwheels
J: Jump In Air 5 Times	W: Crab Walk
K: Touch Toes 6 Times	X: 2 Somersaults
L: Spin Around 3 Times	Y: 5 Lunges
M: 10 Leg Kicks	Z: Duck Walk

Learning Intention: to place your spelling words into sentences

Silly Sentences

Write 10 of your spelling words out from your chosen list.

Place each spelling word into a sentence. It can be a silly sentence if you wish.

Underline or highlight your spelling word so we can identify them.

Make sure you reread your sentences so they make sense and have capital letters and full stops.

This can be completed on Seesaw if you wish.

word	sentence
rain	We couldn't wait to play in the rain!

Learning Intention: to write everyday

Activity one	Thank you messages - Write a thank you message, email or make a card to someone in your family. Tell them why you are thankful.
Activity two	Te Reo Māori - Make labels in te Reo Māori to label items in your house. Once you have done this you can upload them to Seesaw. Whakakā - Light switch, Inu - drink, Pune - spoon, Whare kīhini - kitchen, Pereti - plate, Kapu - cup
Activity three	Imagination - Draw a picture of what you think the world will look like in 100 years time. Write down the things that would be different. For example will there be flying cars or teleporting?
Activity four	Mindfulness - Take a piece of paper and a pencil outside and make yourself comfortable. Sit or lie quietly and listen to all the sounds you can hear. Record them on paper using words or pictures. If you see an animal like a bird outside you might like to sketch it and then describe what it looks like.
Activity five	Imagination - Write a short story about what it might be like if you woke up one morning with a monkey's tail. What could you do with a tail? What trouble might you get into?



• Being more descriptive.

• Writing more detail.

Writing

Learning Intention: to interpret a picture and write a story to go with it.

This activity can be done directly into Seesaw OR on paper.

- | | |
|--------|--|
| Task 1 | Look carefully at the picture, label all the things you can see in the picture. |
| Task 2 | Think about what is happening in the picture. Brainstorm keywords to help you in your writing. |
| Task 3 | Write what is happening in the picture and create an amazing story. |
| Task 4 | Imagine that the dog has some sort of magic power. What would it be and how would he use it? |

REMEMBER - Capitals, full stops, WOW words and sentences that make sense.



Learning Intention: to create an acrostic poem that related to one of you spelling words.

Extras of experts

[Spelling lists](#) - Here is some more spelling words to test yourself on if needed.



Sumdog [log in](#)
Spelling / Grammar



[Vocabulary Spelling city](#)

You do not need a log in.

Click on the activity of your choice
and follow the instructions